

## Powerful Information & Recovery Stories: Schizophrenia



My name is Nathan Leary. When I was in the deepest struggles of my life with schizophrenia, I searched for a collection—not from a doctor, but from someone who had actually walked the path and found their way through. I never found it. So, I decided to create it. I don't have a medical degree or a formal title. My only credential is my story: a story of perseverance, of refusing to give up when it felt like I'd been through more than enough. This document is my way of sharing that strength and

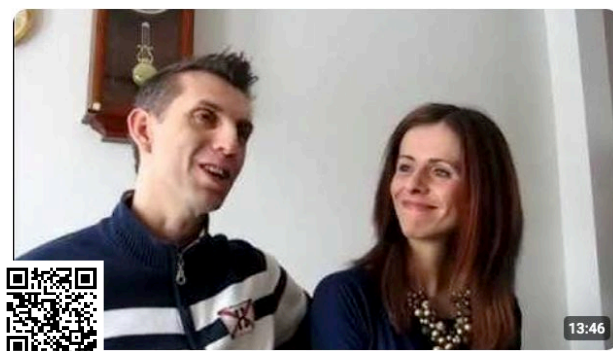
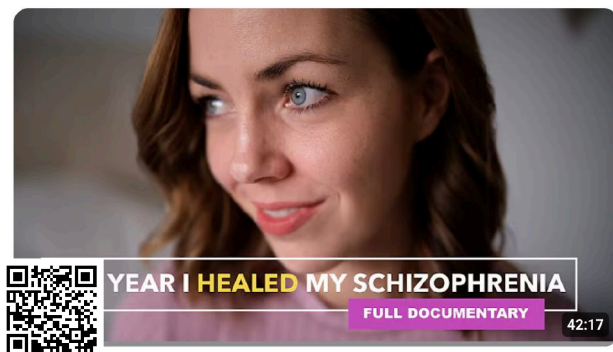
empowering you on your own journey. **Please, make a difference in someone else's lives by sharing this with others who may also benefit.**

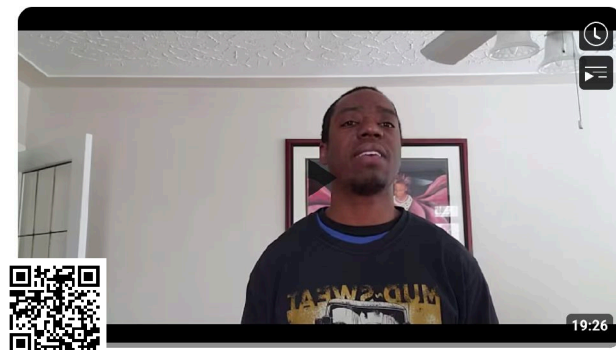
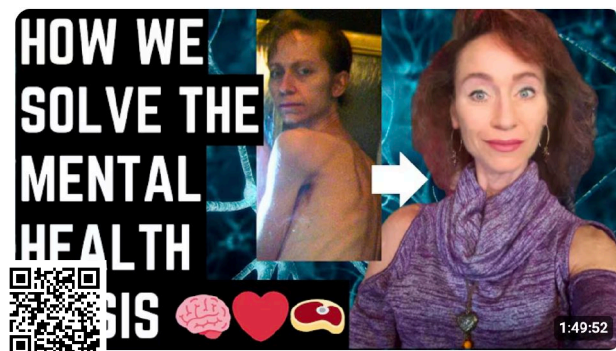
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*This collection of health resources is for informational purposes only and does not constitute medical advice, diagnosis, or treatment. It is only intended to support your health journey. [Full Disclaimer at stopthevoices.com/disclaimer/](https://stopthevoices.com/disclaimer/)*

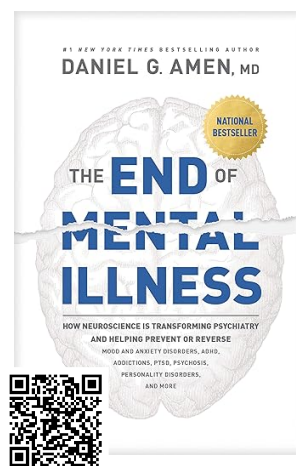
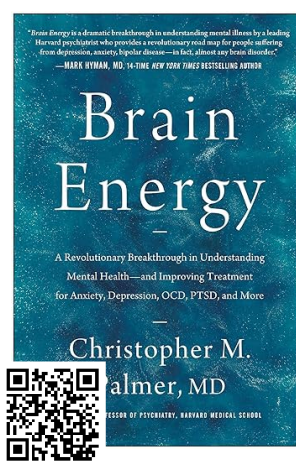
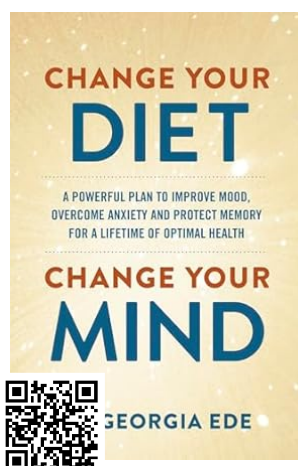
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### People's Healing Journeys with Schizophrenia & How They Recovered (YouTube Links)





## Books that Could Change Your Life... (Amazon Book Links)



## Other Links that Might Help... (Website Links)



[www.metabolicmind.org](http://www.metabolicmind.org)

A growing list of mental health success stories and their recovery journeys.



[opendialoguecentre.org.au](http://opendialoguecentre.org.au)

A Clinically proven and revolutionary Psychiatric system that places relationships as foundational to prevention and recovery pathways through social network meetings



[www.brainhq.com](http://www.brainhq.com)

Possibly The Best Brain Training Program Publicly Available.