

Powerful Information & Recovery Stories: Bipolar Disorder



When schizophrenia pulled me into the darkest period of my life, I looked for a map. Not a clinical manual written by a doctor, but a story of hope from someone who had actually survived the territory. I never found it. So I decided to draw my own. My name is Nathan Leary, and my only credential is that I am a survivor. This is my story of refusing to break, of enduring more than I thought possible. I created this to be the guide I never had and to share the strength that I hope will light your way. **Please, make a difference in someone else's lives by sharing this with others who may also benefit.**

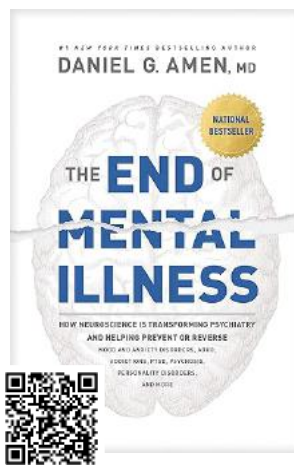
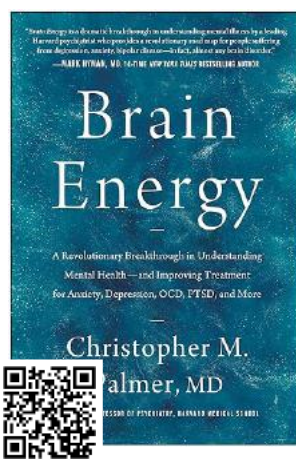
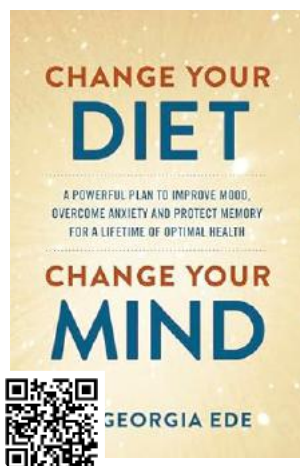
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People's Healing Journeys with Bipolar Disorder & How They Recovered (YouTube Links)





Books that Could Change Your Life... (Amazon Book Links)



Other Links that Might Help... (Website Links)



www.metabolicmind.org

A growing list of mental health success stories and their recovery journeys.



cronometer.com

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